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| “Delight yourself in the LORD, and He will give you the desires of your heart.” Psalm 37:4  |  |
| About this Prayer Journal xx “Before you intercede, be quiet first, and worship God in His glory. Think of what He can do, and how He delights to hear the prayers of His redeemed people. Think of your place and privilege in Christ, and expect great things!” -Andrew Murray  This prayer journal aims to lead you in worship and guide your specific prayer requests to our heavenly Father. Each day has a different theme this purpose. Our hope is that this journal might help “fan into flame the gift of God” *2 Timothy 1:6*—that His joy “may be in you, and that your joy may be full.” *John 10:10; 15:1-11* There is a public playlist on the Spotify app titled “Hymns and Prayers - 2023” of the hymns on the following pages. Below is a brief guide for your daily time of prayer.1 ∙ Praise God. “Lord God, I *praise* you as …” Adonai (LORD) *John 20:28; Rom 10:9-10; Phil 2:11*; Almighty *Gen 17:1*; Alpha and Omega *Rev 1:8*; Ancient of Days *Dan 7:9, 22*; Christ/Messiah *Matt 16:16*; Creator *Gen 1:26-27, Col 1:16*; Everlasting *Deut 33:27*; Everlasting Father, Prince of Peace, Almighty God, Wonderful Counselor *Is 9:6*; Father, Son, and Holy Spirit *Matt 28:19*; Holy *Is 6:3*; I AM *Exo 3:14-15, John 8:58*; Immanuel *Matt 1:23*; Just and Justifier *Rom 3:26;* King of Kings and Lord of Lords *Rev 19:16*; Lamb of God *John 1:29*; LORD of Hosts *Is 47:4*; Most High *Ps 9:2*; our Righteousness *Jer 23:6, Rom 3:26*; our Victory *Ex 17:15*; Prophet *John 14:24*; Priest *Heb 3:1; Heb 9:12*; King *Zech 9:9; Col 1:13*; Provider *Gen 22:14*; Reconciler *Col 1:20*; Redeemer *Is 47:4*; Sanctifier *Ex 31:13*; Savior *John 4:42; 1 Tim 1:1*; Sustainer *Heb 1:3*; Teacher *John 20:16*; Jesus *Phil 2:10*; the Word *John 1:1*; the Bread of Life *John 6:35*; the Light of the World *John 8:12*; the Gate *John 10:9*; the Good Shepherd *Ps 23:1; John 10:11*; the Resurrection and the Life *John 11:25-26*; the Way, the Truth, and the Life *John 14:6*;the Vine *John 15:5*.2 ∙ Thank God. “*Thank* you for …” Thank God for your breath, food, clothing, shelter, family, new life, His Word, His Spirit, etc.  *Jas 1:17* 3 ∙ Confess sin. “I *confess* that …” Confess the specific ways that you have sinned against God by (1) doing what He forbid and (2) not doing what He requires. *1 John 1:9* Ask Him to pierce your heart and shine the light of His presence into areas that are still darkened by sin—that you might “receive mercy and find grace … in time of need.” *Heb 4:12, 16* Ask God to put to death your besetting sins. *Rom 8:13*4 ∙ Ask God. “I *ask* now that …” Bring your requests—according to your delight in God’s will*Matt 26:39*—before your heavenly Father who loves and cares for you. *1 Pet 5:7* Come with confidence before His throne of grace. *Heb 4:16* 5 ∙ Satisfy Me. “Holy Spirit, as I read your Word, would you cause me … (1) to *know* it with my mind, (2) to *love* it with my heart, (3) to *choose* it with my will, (4) to *feel* it with my affections, (5) to *reflect* it in my relationships, and (6) to *embrace* it as my purpose. Would You ‘Satisfy me in the morning with your steadfast love.’ *Ps 90:14; Ps 119:18* ”This resource and other similar resources can be found at https://www.declaringthepraises.com/resources | Gospel Memory VersesxxWHAT IS THE GOSPEL? The gospel is the good news that God has made a way for sinners to be restored to Himself and to His good design through the God-man, Jesus Christ. 1 Timothy 2:5-61 God ∙ God is worthy“Worthy are you, our Lord and God, to receive glory and honor and power, for you created all things, and by your will they existed and were created.” Revelation 1:11*Truth: Life flourishes under the authority of God’s “very good” design. Gen 1:31*2 sin ∙ choosing our Way over the Way“Your iniquities have made a separation between you and your God, and your sins have hidden his face from you so that he does not hear.” Isaiah 59:2*Truth: Sin is the result of a failure to trust God’s good purposes in favor of our own. Gen 3:1; Rom 3:10-11; Jas 4:1*3 Consequences ∙ Life Apart from God“He will punish those who do not know God and do not obey the gospel of our Lord Jesus. They will be punished with everlasting destruction and shut out from the presence of the Lord and from the glory of his might.” 2 Thessalonians 1:8-9*Truth: Life apart from the fullness of God’s goodness is both the present and eternal consequence for those who reject His good design. John 10:10; Rom 6:23*4 Redemption ∙ Salvation in No One Else“But God shows his love for us in that while we were still sinners, Christ died for us.” Romans 5:8*Truth: Jesus Christ is the only way that anyone will ever be saved from the consequences of their sin. John 14:6; Acts 4:12; 2 Cor 5:21; 1 Tim 2:5-6*5 Response ∙ My Way or God’s Way“Whoever believes in the Son has eternal life; whoever does not obey the Son shall not see life, but the wrath of God remains on him.” John 3:36 *Truth: The cross is God’s divine summons for us to turn from our sin and turn back to Him. Matt 16:25; Mark 8:34-35; 1 John 5:12; Rom 10:9-10*6 Restoration ∙ New Life in Christ now and forever“The thief comes only to steal and kill and destroy. I came that they may have life and have it abundantly.” John 10:10“He will wipe away every tear from their eyes, and death shall be no more, neither shall there be mourning, nor crying, nor pain anymore, for the former things have passed away.” Revelation 21:4*Truth: As we abide in Christ, we are restored to the “very good” life for which we were created.  John 15:1-11* |
| Record ofGospel Conversations“Day after day, in the temple courts and from house to house, they never stopped teaching and proclaiming the good news that Jesus is the Messiah.” Acts 5:42name date response/follow-up. . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . .. . . . . . . . . . . . . . . . . . . .  | SundayLeaning On the Everlasting ArmsElisha A. Hoffman, 1887

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| What a fellowship,what a joy divine,leaning on theeverlasting arms;what a blessedness,what a peace is mine,leaning on theeverlasting arms. *(refrain)* | *(refrain)* Leaning, leaning,safe and secure fromall alarms;leaning, leaning, leaning on theeverlasting arms. | What have I to dread,what have I to fear,leaning on theeverlasting arms?I have blessed peacewith my Lord so near,leaning on theeverlasting arms. *(refrain)* |

Prayers for myChurch, Church Leaders, and Authorities“And let us consider how we may spur one another on  toward love and good deeds.” Hebrews 10:24Prayer Answered. . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . |
| mondayChrist is Mine ForevermoreCityAlight, 2016.

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| Mine are days thatGod has numbered,I was made to walk with Him,Yet I look for worldly treasure,And forsake the King of kings. But mine is hope in my Redeemer,Though I fall, His love is sure,For Christ has paid for every failingI am His forevermore. | Mine are days here as a strangerPilgrim on a narrow wayOne with Christ I will encounterHarm and hatred for His name. But mine is armour for this battleStrong enough to last the war,And He has said He will deliverSafely to the golden shore. | And mine are keys to Zion cityWhere beside the King I walk.For there my heart has found its treasure;Christ is mine forevermore. Come rejoice now, O my soulFor His love is my reward.Fear is gone and hope is sure;Christ is mine forevermore. |

Prayers for my ownPersonal Holiness“It is enough for the disciple to be like his teacher,  and the servant like his master.” Matthew 10:25Prayer Answered. . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . .  | saturdayMy Shepherd Will Supply My NeedIsaac Watts, 1719

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| My Shepherd will supply my need,Jehovah is His Name.In pastures fresh,He makes me feedBeside the living stream. He brings my wand'ring spirit back,When I forsake His ways.And leads mefor His mercy's sake, In paths of truth and grace. | When I walk thru the shades of death,Thy presence is my stay.One word of Thy supporting breathDrives all my fears away.Thy hand, in sight of all my foesDoth still my table spread;My cup with blessings overflows,Thine oil anoints my head.  | The sure provisions of my GodAttend me all my days.O may Thy house be mine abode, And all my work be praise! There I would find a settled restWhile others go and come.No more a stranger nor a guestBut like a child at home. |

Prayers ofThanksgiving“Let us come into his presence with thanksgiving;let us make a joyful noise to him with songs of praise!” Psalm 95:2Prayer Answered. . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . .  |
| fridayIs He Worthy?Andrew Peterson and Ben Shive, 2018.

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| Do you feel the world is broken? (We do)Do you feel the shadows deepen? (We do)But do you know that all the dark won't stop the light from getting through? (We do)Do you wish that you could see it all made new? (We do)*Xx*Is all creation groaning? (It is)Is a new creation coming? (It is)Is the glory of the Lord to be the light within our midst? (It is)Is it good that we remind ourselves of this? (It is) | Is anyone worthy? Is anyone whole?Is anyone able to break the seal and open the scroll?The Lion of Judah who conquered the grave,He is David's root and the Lamb who diedto ransom the slave.xxIs He worthy? Is He worthy?Of all blessing and honor and glory,Is He worthy of this? He is! |

Prayers forMissionaries and the Mission“Worthy are you to take the scroll  and to open its seals, for you were slain, and by your blood you ransomed people for God from every tribe and language and people and nation, and you have made them a kingdom and priests to our God,  and they shall reign on the earth.” Revelation 5:9-10Prayer Answered. . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . | tuesdayJesus Paid it AllElvina Mable, 1865.

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| I hear the Savior say,“Thy strength indeed is small,Child of weakness, watch and pray,Find in Me thine all in all.”xxJesus paid it all,All to Him I owe;Sin had left a crimson stain,He washed it white as snow. | Lord, now indeed I findThy pow'r and Thine alone,Can change the leper's spotsAnd melt the heart of stone.xxJesus paid it all,All to Him I owe;Sin had left a crimson stain,He washed it white as snow. | And when, before the throne,I stand in Him complete,"Jesus died my soul to save,"My lips shall still repeat.xxJesus paid it all,All to Him I owe;Sin had left a crimson stain,He washed it white as snow. |

Prayers for myImmediate Family“And these words that I command you today shall be on your heart. You shall teach them diligently to your children, and shall talk of them when you sit in your house, and when you walk by the way, and when you lie down, and when you rise.” Deuteronomy6:6-7Prayer Answered. . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . .. . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . .  |
| wednesdayWhat a Friend We Have in JesusJoseph M. Scriven, 1855

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| What a friend we have in Jesus,all our sins and griefs to bear!What a privilege to carryeverything to God in prayer!xx O what peace we often forfeit,O what needless pain we bear,all because we do not carryeverything to God in prayer! | Have we trials and temptations?Is there trouble anywhere?We should never be discouraged;take it to the Lord in prayer!xx Can we find a friend so faithfulwho will all our sorrows share?Jesus knows our every weakness;take it to the Lord in prayer! | Are we weak and heavy laden,cumbered with a load of care?Precious Savior, still our refuge;take it to the Lord in prayer!xx Do your friends despise, forsake you?Take it to the Lord in prayer!In his arms he'll take and shield you;you will find a solace there. |

Prayers for myExtended Family and Friends“… that Christ may dwell in your hearts through faith—that you, being rooted and grounded in love, may have strength to comprehend with all the saints what is the breadth and length and height and depth, and to know the love of Christ that surpasses knowledge, that you may be filled with all the fullness of God.” Ephesians 3:17-19Prayer Answered. . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . .. . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . | thursdayAll Glory Be To ChristDustin Kensrue and Kings Kaleidoscope, 2012

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| Should nothing of our efforts stand,No legacy survive,Unless the Lord does raise the house,In vain its builders strive.xx To you who boast tomorrow's gain,Tell me what is your life?A mist that vanishes at dawn,All glory be to Christ! *(refrain)* | *(refrain)* All glory beto Christ our king!All glory be to Christ!His rule and reignwe’ll ever sing,All glory be to Christ! | His will be doneHis kingdom comeOn earth as is aboveWho is Himself our daily breadPraise Him the Lord of lovexx Let living water satisfyThe thirsty without price.We'll take a cup of kindness yet,All glory be to Christ! *(refrain)* |

Prayers forEvangelism and Lost Loved Ones“But you are a chosen race, a royal priesthood, a holy nation, a people for his own possession, that you may proclaim the excellencies of him who called you out of darkness into his marvelous light.” 1 Peter 2:9Prayer Answered. . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . |